



16th September 2015

Dear Parent / Carer

As part of our Health Education programme the school nurse, Rachel Charlton will be coming into school to speak to our Year 5 pupils on issues such as puberty, general health and welfare matters on Monday 28th September.

Mrs Wakefield has decided to include the Year 5 girls in a talk on periods which will happen on the same day but at a different time from the Year 6 talk. We have had a few girls who have started their periods in Year 5 so we do think it will be worthwhile to have the talk with them sooner rather than wait until they are in Year 6.

If you would rather your child NOT take part in the talk, please sign the form below to express your wishes.

Yours sincerely

Mrs Karen Wakefield
Headteacher

Year 5 Puberty Talk

I **would like** my Child _____
to take part in the talk on Periods on 28th September.

I would prefer my child _____ **not** to
take part in the talk on periods on 28th September.

Signed _____

Date _____



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