



16th September 2015

Dear Parent / Carer

As part of our Health Education programme the school nurse, Rachel Charlton will be coming into school to speak to our Year 6 pupils on issues such as puberty, general health and welfare matters on Monday 28<sup>th</sup> September.

We have had a few girls who have started their periods so we do think it will be worthwhile to have the talk with the children sooner rather than wait until the end of the year.

Both boys and girls will take part in a discussion together about body changes and then they will split up into 2 groups, the girls will have a talk about periods and the boys will take about changes that will happen to them.

If you would rather your child NOT take part in the talk, please sign the form below to express your wishes.

Yours sincerely

Mrs Karen Wakefield  
Headteacher

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## Year 6 Puberty Talk

I **would like** my Child \_\_\_\_\_  
to take part in the talk on 28<sup>th</sup> September.

I would prefer my child \_\_\_\_\_ **not to**  
take part in the talk on 28<sup>th</sup> September.

Signed \_\_\_\_\_

Date \_\_\_\_\_



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